

## KIM'S TAEKWON DO CHEHALIS



### JANUARY 2026

HAPPY NEW YEAR!

**NO CLASS** on Thursday, January 1<sup>st</sup>.

**PROMOTION TESTS:** There will be NO colored belt promotion tests in January. There IS A BLACK BELT PROMOTION test at Grand Master French's dojang on January 10<sup>th</sup>. ALL BLACK BELTS ARE STRONGLY ENCOURAGED TO ATTEND.

**BROWN BELT/BLACK BELT WORKOUT:** Will be Saturday, January 24<sup>th</sup> at 11:00 a.m. in our Chehalis dojang. Brown and black belts are required to attend to illustrate your dedication to Taekwon Do and has an effect on your next invitation to promote.

**TAEKWON DO BIRTHDAYS:** Happy Birthday to Jack Brown and Malachi Crownhart-Barr who have January birthdays!

**REMEMBER THE TAEKWON DO TENETS:** We want each of our students to learn the basic philosophy (tenets) of Taekwon Do. They are: Courtesy, Integrity, Perseverance, Self-Control, and Indomitable Spirit. We will be working with *all* students to remember these. We will have them posted on our bulletin board.

**STUDENT OF THE MONTH:** Jonny Miller is our student of the month. The Student of the Month is an honor awarded to the student who has shown dedication and hard work, has a good attitude in class, and who is kind and considerate of others in class. Malachi hardly ever misses a class and is dedicated.

**FORMS:** Once you have learned a new form you can look at it on our website to make sure you are doing it correctly when practicing (<http://bit.ly/49he5Sq>) The password to view these forms on our website is "myhyungs". Please do not share that password. We do not recommend that you watch videos of other schools or other forms of Taekwon Do doing our forms. They are always different and it is much harder to "unlearn" a bad habit than learn a new, good one!

Here is to a happy, healthy New Year full of lots of new adventures in learning!!

~ Mrs. Master Hull

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