

KIM'S TAEKWON DO CHEHALIS



July 2025

PROMOTION TESTS: The date for the next promotion test is Monday, July 21st at 6:00 pm

BROWN BELT/BLACK BELT WORKOUT: Will be Saturday, July 26th at 11:00 a.m. in our Chehalis dojang. This is not an *optional* workout for black belts – it is required to attend as many as possible to illustrate your dedication to Taekwon Do and has an effect on your next invitation to promote.

REMEMBER THE TAEKWON DO TENETS: We want each of our students to learn the basic philosophy (tenets) of Taekwon Do. They are: Courtesy, Integrity, Perseverance, Self-Control, and Indomitable Spirit. We will be working with *all* students to remember these. We will have them posted on our bulletin board.

STUDENT OF THE MONTH: **MISS BARR** is our student of the month. The Student of the Month is an honor awarded to the student who has shown dedication and hard work, has a good attitude in class, and who is kind and considerate of others in class. Ms. Barr is an *excellent* example of a Black Belt and a wonderful example to the rest of the class.

FORMS: Once you have learned a new form you can look at it on our website to make sure you are doing it correctly when practicing (<http://hulltkd.wix.com/hull-taekwondo>). The password to view these forms on our website is “myhyungs”. Please do not share that password. We do not recommend that you watch videos of other schools or other forms of Taekwon Do doing our forms. They are always different and it is much harder to “unlearn” a bad habit than learn a new, good one!

FOURTH OF JULY – Everyone enjoy the long holiday weekend and celebrate responsibly. We want everyone coming back to class with all 10 fingers and 10 toes! HAPPY BIRTHDAY TO OUR NATION!!

~ Mrs. Master Hull
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